# **Vision Quest Laboratory**

(Advanced Training)



In Possibility Labs you change your relationship to inner blocks by getting deep insights into your true needs and hidden purposes. Through approaching your essential inspiration and applying practical tools and techniques of Possibility Management you pave the way for reviving your true vocation, no matter how big your vocation is. Possibility Labs provide a safe space for your ongoing initiation into responsible adulthood and into a purpose driven life.

# A special kind of Lab

The Vision Quest is a very ancient and well-known method of self-healing and initiation in the wilderness. In this special Lab, we combine this ancient knowledge with the powerful distinctions and initiation processes of Possibility Management. The core of the 4 days is a vision quest where you spend 24 hours in nature - alone and in close connection with the whole team.

The purpose of this extraordinary initiation process is to actively deal with the eternal cycle of life and death, allowing you to reconnect with life again and again, to realize the purpose of your own existence and to find your own personal life mission. It's about consciously letting go of the long outdated and inviting the new that wants to emerge into your life. The wilderness, with its direct and symbolic language, serves us as a magical, sacred space and mirror.

"Deep down you know the truth. It is time to cross the border. It is time to take the step. It is time to inherit your life. It is time to wake up and let go, because your authentic being is waiting for you."

The first day of the lab serves as a preparation of your vision quest. On the second day, at sunrise, the real adventure begins — your Quest. After a threshold ritual, you will spend 24 hours alone in nature - in deep dialogue with you and Gaia, to say goodbye to what no longer belongs to you and to receive what you want to be born. Day 3 and 4 serve for the integration and completion of the individual processes.



You should have already visited at least 1 normal Lab to get the most from this particular lab.

If you feel addressed by this extraordinary training, then decide for it without knowing how to do it.

Trainer: Patrizia Patz, Nicola Nagel, Cornelius Butz



## LOGISTICAL INFORMATION FOR THE VISION QUEST LAB:

## **DURATION**

4 days, we begin on day 1 with silent sitting at 07:00 and end by 18:00 on the last day. *Possibility Labs* are alcohol-free trainings.

## **PLACE**

Our location serves as an ideal place for our Vision Quest Lab. The big bright seminar room, including a garden with fire place gives us a safe frame for the preparation phase and the completion phase of our Lab (Day 1, 3 and 4). The house is situated at the edge of the German Odenwald, which serves us as a magical space for the Vision Quest itself.

The Quest will take place at any weather conditions. After your registration we will send you a detailed equipment list.

#### FEE

650 - 950 Euro (incl. VAT. plus board & accommodation).

The fee is a so called sliding scale. That means that you ponder before the training, which amount between 650 and 950 Euro is right for you and your individual situation. You communicate this individual amount with your registration.

Since we share the food expenses, the cost for food per person is about 10,-- Euro per day. The costs for accommodation are about 35,-- Euro per day.

#### REGISTRATION

Please see the Events Calendar at www.follow-your-calling.org or www.nextculture.org for registration. With your registration you accept the GTC and Notes On Training Participation. Before you can register for a Outdoor Women's Lab you have to attend to the Basic Training Expand the Box and to at least 1 mixed Possibility Lab.

After registration we will send you a detailed logistic letter with a lot more information.